

Contents

1 ■ Special Relativity and Flat Spacetime	1
1.1 Prelude	1
1.2 Space and Time, Separately and Together	3
1.3 Lorentz Transformations	12
1.4 Vectors	15
1.5 Dual Vectors (One-Forms)	18
1.6 Tensors	21
1.7 Manipulating Tensors	25
1.8 Maxwell's Equations	29
1.9 Energy and Momentum	30
1.10 Classical Field Theory	37
1.11 Exercises	45
2 ■ Manifolds	48
2.1 Gravity as Geometry	48
2.2 What Is a Manifold?	54
2.3 Vectors Again	63
2.4 Tensors Again	68
2.5 The Metric	71
2.6 An Expanding Universe	76
2.7 Causality	78
2.8 Tensor Densities	82
2.9 Differential Forms	84
2.10 Integration	88
2.11 Exercises	90
3 ■ Curvature	93
3.1 Overview	93
3.2 Covariant Derivatives	94
3.3 Parallel Transport and Geodesics	102

3.4	Properties of Geodesics	108
3.5	The Expanding Universe Revisited	113
3.6	The Riemann Curvature Tensor	121
3.7	Properties of the Riemann Tensor	126
3.8	Symmetries and Killing Vectors	133
3.9	Maximally Symmetric Spaces	139
3.10	Geodesic Deviation	144
3.11	Exercises	146
4	Gravitation	151
4.1	Physics in Curved Spacetime	151
4.2	Einstein's Equation	155
4.3	Lagrangian Formulation	159
4.4	Properties of Einstein's Equation	165
4.5	The Cosmological Constant	171
4.6	Energy Conditions	174
4.7	The Equivalence Principle Revisited	177
4.8	Alternative Theories	181
4.9	Exercises	190
5	The Schwarzschild Solution	193
5.1	The Schwarzschild Metric	193
5.2	Birkhoff's Theorem	197
5.3	Singularities	204
5.4	Geodesics of Schwarzschild	205
5.5	Experimental Tests	212
5.6	Schwarzschild Black Holes	218
5.7	The Maximally Extended Schwarzschild Solution	222
5.8	Stars and Black Holes	229
5.9	Exercises	236
6	More General Black Holes	238
6.1	The Black Hole Zoo	238
6.2	Event Horizons	239
6.3	Killing Horizons	244
6.4	Mass, Charge, and Spin	248
6.5	Charged (Reissner–Nordström) Black Holes	254
6.6	Rotating (Kerr) Black Holes	261
6.7	The Penrose Process and Black-Hole Thermodynamics	267
6.8	Exercises	272

7	Perturbation Theory and Gravitational Radiation	274
7.1	Linearized Gravity and Gauge Transformations	274
7.2	Degrees of Freedom	279
7.3	Newtonian Fields and Photon Trajectories	286
7.4	Gravitational Wave Solutions	293
7.5	Production of Gravitational Waves	300
7.6	Energy Loss Due to Gravitational Radiation	307
7.7	Detection of Gravitational Waves	315
7.8	Exercises	320
8	Cosmology	323
8.1	Maximally Symmetric Universes	323
8.2	Robertson–Walker Metrics	329
8.3	The Friedmann Equation	333
8.4	Evolution of the Scale Factor	338
8.5	Redshifts and Distances	344
8.6	Gravitational Lensing	349
8.7	Our Universe	355
8.8	Inflation	365
8.9	Exercises	374
9	Quantum Field Theory in Curved Spacetime	376
9.1	Introduction	376
9.2	Quantum Mechanics	378
9.3	Quantum Field Theory in Flat Spacetime	385
9.4	Quantum Field Theory in Curved Spacetime	394
9.5	The Unruh Effect	402
9.6	The Hawking Effect and Black Hole Evaporation	412
	APPENDIXES	423
A	Maps between Manifolds	423
B	Diffeomorphisms and Lie Derivatives	429
C	Submanifolds	439
D	Hypersurfaces	443

E ■ Stokes's Theorem	453
F ■ Geodesic Congruences	459
G ■ Conformal Transformations	467
H ■ Conformal Diagrams	471
I ■ The Parallel Propagator	479
J ■ Noncoordinate Bases	483
Bibliography	495
Index	501