

# **CONTENTS**

<b>1.</b>	<b>INTRODUCTION .....</b>	<b>1</b>
1.1.	Background .....	1
1.2.	Objective .....	2
1.3.	Scope .....	2
<b>2.</b>	<b>PRINCIPAL REQUIREMENTS .....</b>	<b>2</b>
2.1.	Administrative requirements .....	2
2.1.1.	Authorization of practices .....	2
2.1.2.	Inspection .....	4
2.1.3.	Personal accreditation .....	4
2.1.4.	Authorization of other practices related to nuclear medicine .....	7
2.2.	Radiation protection requirements .....	7
2.3.	Managerial requirements .....	8
2.3.1.	Managerial commitment and policy statement .....	8
2.3.2.	Organization and responsibilities .....	10
2.3.3.	Quality assurance .....	12
2.3.4.	Human factors .....	14
<b>3.</b>	<b>SAFETY OF RADIOACTIVE MATERIALS, EQUIPMENT AND FACILITIES .....</b>	<b>16</b>
3.1.	Design .....	17
3.1.1.	Radiopharmaceuticals .....	17
3.1.2.	Equipment .....	18
3.1.3.	Facilities .....	18
3.1.4.	Therapeutic treatment and wards .....	22
3.1.5.	Ancillary and protective equipment, tools and clothing .....	22
3.2.	Operating procedures .....	23
3.2.1.	Specific operating procedures in therapy wards .....	25
3.2.2.	Decontamination of persons .....	26
3.3.	Maintenance .....	27
3.3.1.	Electrical and mechanical safety .....	27
3.4.	Security of sources .....	28

<b>4.</b>	<b>OCCUPATIONAL EXPOSURE .....</b>	<b>29</b>
4.1.	Responsibilities and conditions of service .....	29
4.2.	The use of dose constraints in nuclear medicine .....	31
4.3.	Pregnant workers .....	32
4.4.	Classification of areas .....	32
4.5.	Local rules and supervision .....	33
4.6.	Protective equipment and tools .....	35
4.7.	Individual monitoring and exposure assessment .....	35
4.8.	Monitoring of the workplace.....	37
4.9.	Investigation levels for staff exposure .....	38
4.10.	Protection of workers in interventions (emergencies) .....	39
4.11.	Health surveillance .....	40
4.12.	Records .....	40
<b>5.</b>	<b>MEDICAL EXPOSURE .....</b>	<b>41</b>
5.1.	Responsibilities .....	41
5.2.	Justification .....	43
5.3.	Optimization for medical exposures in nuclear medicine .....	45
5.3.1.	Optimization for diagnostic procedures .....	47
5.3.2.	Optimization for therapeutic application of radionuclides .....	49
5.3.3.	Calibration .....	50
5.3.4.	Clinical (patient) dosimetry .....	50
5.3.5.	Quality assurance for medical exposures .....	51
5.4.	Guidance levels .....	53
5.5.	Dose constraints .....	54
5.6.	Maximum activity for patients in therapy on discharge from hospital .....	55
5.7.	Investigation of accidental medical exposure .....	57
5.8.	Records for medical exposure .....	58
5.9.	Gradual transition from basic to advanced stages of BSS implementation with regard to medical exposure .....	58
<b>6.</b>	<b>PUBLIC EXPOSURE .....</b>	<b>59</b>
6.1.	Responsibilities .....	59
6.2.	Control of access of visitors .....	60
6.3.	Radioactive contamination .....	60

6.4.	Radioactive waste .....	61
6.5.	Monitoring of public exposure .....	63
<b>7.</b>	<b>POTENTIAL EXPOSURE AND EMERGENCY PLANS .....</b>	<b>64</b>
7.1.	Safety assessment .....	64
7.2.	Prevention of accidents and mitigation of their consequences .....	65
7.3.	Emergency plans .....	66
7.4.	Types of emergency situations .....	66
7.4.1.	Lost sources .....	66
7.4.2.	Damage to <sup>99m</sup> Tc generators .....	67
7.4.3.	Spillage of small amounts of radioactivity .....	67
7.4.4.	Spillage of large amounts of radioactivity .....	68
7.4.5.	Medical emergencies involving radioactive patients ..	68
7.4.6.	Need for urgent patient attention, including surgery ..	68
7.4.7.	Fires .....	69
<b>APPENDIX I:</b>	<b>POINTS FOR CONSIDERATION IN A RADIATION PROTECTION AND SAFETY PROGRAMME IN NUCLEAR MEDICINE .....</b>	<b>71</b>
<b>APPENDIX II:</b>	<b>QUALITY ASSURANCE PROGRAMME FOR IN VIVO PRACTICES .....</b>	<b>78</b>
<b>APPENDIX III:</b>	<b>TRAINING PROGRAMME FOR RADIATION PROTECTION: IMPLEMENTATION OF THE BSS IN NUCLEAR MEDICINE .....</b>	<b>86</b>
<b>APPENDIX IV:</b>	<b>CESSATION OF BREAST FEEDING .....</b>	<b>97</b>
<b>APPENDIX V:</b>	<b>AVOIDANCE OF PREGNANCY FOLLOWING THERAPY .....</b>	<b>100</b>
<b>APPENDIX VI:</b>	<b>GUIDANCE LEVELS FOR DIAGNOSTIC PROCEDURES .....</b>	<b>101</b>
<b>APPENDIX VII:</b>	<b>EXAMPLES OF ACCIDENTAL EXPOSURES IN NUCLEAR MEDICINE .....</b>	<b>106</b>

APPENDIX VIII: SUMMARY OF TYPICAL CAUSES OF AND CONTRIBUTING FACTORS TO ACCIDENTAL EXPOSURES IN NUCLEAR MEDICINE.....	112
REFERENCES .....	113
DEFINITIONS .....	117
CONTRIBUTORS TO DRAFTING AND REVIEW.....	123