

# Contents

<b>Foreword</b>	<b>v</b>
<b>Acknowledgments</b>	<b>vii</b>
<b>About the Editor</b>	<b>ix</b>
<b>Contributors</b>	<b>xix</b>
<b>List of Acronyms</b>	<b>xxi</b>
<b>1 Introduction</b>	<b>1</b>
<i>Omer Aziz, Benny Lo, Ara Darzi, and Guang-Zhong Yang</i>	
1.1 Wireless Sensor Networks	1
1.2 BSN and Healthcare	4
1.2.1 Monitoring Patients with Chronic Disease	6
1.2.2 Monitoring Hospital Patients	7
1.2.3 Monitoring Elderly Patients	9
1.3 Pervasive Patient Monitoring	10
1.4 Technical Challenges Facing BSN	13
1.4.1 Improved Sensor Design	13
1.4.2 Biocompatibility	14
1.4.3 Energy Supply and Demand	15
1.4.4 System Security and Reliability	16
1.4.5 Context Awareness	18
1.4.6 Integrated Therapeutic Systems	19
1.5 Personalised Healthcare	20
1.6 Finding the Ideal Architecture for BSN	22
1.7 The Future: Going from “Micro” to “Nano”	27
1.8 The Scope of the Book	30
References	34
<b>2 Biosensor Design and Interfacing</b>	<b>41</b>
<i>Bhavik A. Patel, Costas A. Anastassiou, and Danny O’Hare</i>	
2.1 Introduction	41
2.1.1 What Is a Biosensor?	42

2.2	How Do Electrochemical Devices Work?	44
	2.2.1 Potentiometric Devices	45
	2.2.2 Amperometry and Voltammetry	53
2.3	Instrumentation	65
	2.3.1 Potentiometry	65
	2.3.2 Amperometry and Voltammetry	66
	2.3.3 Reference and Counter Electrodes	68
2.4	Photoelectrochemistry and Spectroelectrochemistry	69
2.5	Biocompatibility	71
	2.5.1 Sensor Fouling	71
	2.5.2 Tissue Damage	73
2.6	Novel Approaches to Handling Sensor Data	73
2.7	Conclusions	80
	Acknowledgments	82
	References	82
<b>3</b>	<b>Protein Engineering for Biosensors</b>	<b>89</b>
	<i>Anna Radomska, Suket Singhal, and Tony Cass</i>	
3.1	Introduction	89
	3.1.1 Electrochemical Sensors	90
	3.1.2 Optical Sensors	91
	3.1.3 Gravimetric Sensors	92
	3.1.4 Consuming and Non-Consuming Biosensors	92
3.2	Protein Engineering	93
	3.2.1 The Signal Transduction Module	95
	3.2.2 The Recognition Site Module	97
	3.2.3 Immobilisation Module	100
3.3	Biocompatibility and Implantation	102
3.4	Conclusions	109
	References	109
<b>4</b>	<b>Wireless Communication</b>	<b>117</b>
	<i>Henry Higgins</i>	
4.1	Introduction	117
4.2	Inductive Coupling	118
4.3	RF Communication in Body	119
4.4	Antenna Design	121
4.5	Antenna Testing	125
	4.5.1 Antenna Impedance and Radiation Resistance Measurement	125
	4.5.2 Quarter Wave Line Impedance Measurement	126
4.6	Matching Network	128
	4.6.1 Transmitter Tuning	128

4.6.2 <i>The L Network</i>	130
4.6.3 <i>The <math>\pi</math> Network</i>	131
4.6.4 <i>The T and <math>\pi</math> -L Networks</i>	132
4.6.5 <i>Parasitic Effects</i>	133
4.6.6 <i>Network Choice</i>	134
4.6.7 <i>Radio Frequency Losses in Components and Layout Issues</i>	135
4.6.8 <i>Receiver Tuning</i>	135
4.6.9 <i>Base Station Antennas</i>	136
Propagation	136
Materials	137
Environment	138
External Transceiver (Base Station)	138
Power Considerations	139
4.11.1 <i>Battery Challenges</i>	140
Defibrillation Pulse	141
Link Budget	142
Conclusions	142
References	143

## **Network Topologies, Communication Protocols, and Standards** **145**

*Javier Espina, Thomas Falck, and Oliver Mülhens*

Network Topologies	145
Body Sensor Network Application Scenarios	148
5.2.1 <i>Stand-Alone Body Sensor Networks</i>	148
5.2.2 <i>Global Healthcare Connectivity</i>	149
5.2.3 <i>Pervasive Sensor Networks</i>	150
Wireless Personal Area Network Technologies	152
5.3.1 <i>Overview</i>	152
5.3.2 <i>The Wireless Regulatory Environment</i>	153
5.3.3 <i>Wireless Communication Standards</i>	155
5.3.4 <i>IEEE 802.15.1: Medium-Rate Wireless Personal Area Networks</i>	155
5.3.5 <i>IEEE P802.15.3: High-Rate Wireless Personal Area Networks</i>	158
5.3.6 <i>IEEE 802.15.4: Low-Rate Wireless Personal Area Networks</i>	160
5.3.7 <i>ZigBee</i>	164
5.3.8 <i>Comparison of Technologies</i>	168
Practical Experiences with IEEE 802.15.4	169
Healthcare System Integration	174
5.5.1 <i>Existing Interoperability Standards</i>	174
5.5.2 <i>Wireless Interoperability Standards Under Development</i>	176
Conclusions	177
References	180

<b>6</b>	<b>Energy Scavenging</b>	<b>183</b>
	<i>Eric Yeatman and Paul Mitcheson</i>	
6.1	Introduction	183
	6.1.1 <i>Sensor Node Power Requirements</i>	184
	6.1.2 <i>Batteries and Fuel Cells for Sensor Nodes</i>	185
	6.1.3 <i>Ambient Energy Sources</i>	186
6.2	Architectures for Inertial Energy Scavenging	187
	6.2.1 <i>Energy Extraction Mechanisms for Inertial Generators</i>	187
	6.2.2 <i>Performance Limits</i>	191
6.3	Fabrication and Testing	195
	6.3.1 <i>Device Fabrication and Structure</i>	195
	6.3.2 <i>Device Testing</i>	197
6.4	Module Design and Simulation	200
	6.4.1 <i>System Modelling</i>	200
	6.4.2 <i>Integrated Simulation</i>	204
6.5	Power Electronics and System Effectiveness	205
	6.5.1 <i>Power Electronics Requirements and Trade-Offs</i>	205
	6.5.2 <i>Semiconductor Device Design</i>	209
	6.5.3 <i>Coherent Simulation</i>	211
6.6	Discussion and Conclusions	213
	6.6.1 <i>What Is Achievable in Body-Sensor Energy Scavenging?</i>	213
	6.6.2 <i>Future Prospects and Trends</i>	215
	References	216
<b>7</b>	<b>Towards Ultra-Low Power Bio-Inspired Processing</b>	<b>219</b>
	<i>Leila Shepherd, Timothy G. Constandinou, and Chris Toumazou</i>	
7.1	Introduction	219
7.2	Bio-Inspired Signal Processing	220
7.3	Analogue vs Digital Signal Processing	221
	7.3.1 <i>Quantised Data/Time vs Continuous Data/Time</i>	221
	7.3.2 <i>Analogue/Digital Data Representation</i>	222
	7.3.3 <i>Linear Operations</i>	223
	7.3.4 <i>Non-Linear Operations</i>	224
	7.3.5 <i>Hybrid System Organisation</i>	224
7.4	CMOS-Based Biosensors	225
	7.4.1 <i>Ion-Sensitive Field-Effect Transistor (ISFET)</i>	227
	7.4.2 <i>ISFET-Based Biosensors</i>	229
	7.4.3 <i>Towards Biochemically Inspired Processing with ISFETs</i>	230
7.5	Applications of Ultra-Low Power Signal Processing for BSN	234
	References	236

<b>Multi-Sensor Fusion</b>	<b>239</b>
<i>Guang-Zhong Yang and Xiaopeng Hu</i>	
Introduction	239
8.1.1 Information Interaction	240
8.1.2 Levels of Processing	242
Direct Data Fusion	242
8.2.1 Optimal Averaging for Sensor Arrays	243
8.2.2 Source Recovery	246
Feature-Level Fusion	252
8.3.1 Feature Detection	252
8.3.2 Distance Metrics	253
8.3.3 Instance-Based Learning	254
8.3.4 Distance-Based Clustering	255
Dimensionality Reduction	258
8.4.1 Multidimensional Scaling (MDS)	259
8.4.2 Locally Linear Embedding (LLE)	260
8.4.3 Isometric Mapping (Isomap)	261
Feature Selection	262
8.5.1 Feature Relevance	264
8.5.2 Feature Relevance Based on ROC Analysis	266
8.5.3 Feature Selection Based on ROC Analysis	271
Decision-Level Fusion	274
Conclusions	278
References	281
<b>Context-Aware Sensing</b>	<b>287</b>
<i>Surapa Thiemjarus and Guang-Zhong Yang</i>	
Introduction	287
Application Scenarios	289
Preprocessing for Context Sensing	291
9.3.1 Information Granularity	291
9.3.2 Sources of Signal Variations	292
9.3.3 Data Normalisation	293
Context Recognition Techniques	294
9.4.1 Hidden Markov Models (HMMs)	294
9.4.2 Artificial Neural Networks (ANNs)	302
Spatio-Temporal Self-Organising Maps (STSOMs)	306
9.5.1 The Basic Structure of the STSOM	307
9.5.2 The Use of Multi-Resolution for Improved Class Separation	312
9.5.3 STSOM Algorithm Design	315
9.5.4 STSOM for Context-Aware Sensing	320
Conclusions	323
References	326

<b>10</b>	<b>Autonomic Sensing</b>	<b>333</b>
	<i>Guang-Zhong Yang, Benny Lo, and Surapa Thiemjarus</i>	
10.1	Introduction	333
10.2	Autonomic Sensing	334
10.3	Fault Detection and Self-Healing	336
	10.3.1 <i>Belief Networks</i>	337
	10.3.2 <i>Belief Propagation Through Message Passing</i>	339
10.4	Routing and Self-Organisation	344
10.5	Security and Self-Protection	348
	10.5.1 <i>Bacterial Attacks</i>	350
	10.5.2 <i>Virus Infection</i>	356
	10.5.3 <i>Secured Protocols</i>	358
	10.5.4 <i>Self-Protection</i>	362
10.6	Conclusions	365
	References	366
<b>1</b>	<b>Wireless Sensor Microsystem Design: A Practical Perspective</b>	<b>373</b>
	<i>David R. S. Cumming, Paul A. Hammond, Lei Wang, Jonathan M. Cooper, and Erik A. Johannessen</i>	
1.1	Introduction	373
1.2	The Diagnostic Capsule	375
1.3	Applications for Wireless Capsule Devices	376
	11.3.1 <i>Human Medicine</i>	376
	11.3.2 <i>Animal Applications</i>	378
1.4	Technology	379
	11.4.1 <i>Design Constraints</i>	379
	11.4.2 <i>Microsystem Design</i>	379
	11.4.3 <i>Integrated Sensors</i>	381
1.5	Electronics System Design	385
	11.5.1 <i>Analogue Electronic Front-End Acquisition Design</i>	386
	11.5.2 <i>Digital System Design</i>	386
1.6	The Wireless Environment	388
1.7	Power Sources	390
1.8	Packaging	391
1.9	Conclusions	392
	References	393
<b>2</b>	<b>Conclusions and Future Outlook</b>	<b>399</b>
	<i>Guang-Zhong Yang</i>	

<b>Appendix A</b>	<b>Wireless Sensor Development Platforms</b>	<b>403</b>
	<i>Benny Lo and Guang-Zhong Yang</i>	
A.1	Introduction	403
A.2	System Architecture	403
	<i>A.2.1 Processor</i>	404
	<i>A.2.2 Wireless Communication</i>	407
	<i>A.2.3 Memory</i>	410
	<i>A.2.4 Sensor Interface</i>	411
	<i>A.2.5 Power Supply</i>	414
	<i>A.2.6 Operating System</i>	415
A.3	Conclusions	418
	References	418
<b>Appendix B</b>	<b>BSN Development Kit and Programming Guide</b>	<b>423</b>
	<i>Benny Lo and Guang-Zhong Yang</i>	
B.1	Introduction	423
B.2	BSN Architectural Design	423
	<i>B.2.1 Microcontroller</i>	425
	<i>B.2.2 Radio Transceiver</i>	428
	<i>B.2.3 Flash Memory</i>	437
	<i>B.2.4 Board Connector</i>	438
	<i>B.2.5 Antenna</i>	440
B.3	BSN Development Kit	441
	<i>B.3.1 BSN Nodes</i>	442
	<i>B.3.2 USB Programmer</i>	442
	<i>B.3.3 Sensor Board</i>	443
	<i>B.3.4 Battery Board</i>	447
	<i>B.3.5 Prototype Board</i>	449
B.4	TinyOS	451
	<i>B.4.1 nesC</i>	452
	<i>B.4.2 Execution Model</i>	458
	<i>B.4.3 Hardware Abstraction</i>	460
	<i>B.4.4 TOSSIM</i>	461
	<i>B.4.5 Deluge – TinyOS Network Programming</i>	466
B.5	BSN Programming Guide	468
	<i>B.5.1 Programming Environment</i>	468
	<i>B.5.2 Installation Instructions</i>	469
	<i>B.5.3 BSN Node Programming</i>	469
B.6	Conclusions	478
	References	478
<b>Index</b>		<b>481</b>